Use this form to assist you to gather information at the event/activity (**educational STEM/Natural Resources field trips, career related workshops, college/work site tours, business meetings/workshops, etc.)** that you attend. The information you gather here will be used as a guide to help you write your Reflective Essay.

**Name:** **Advisor:**

**Activity:** **Date:**

**Presenter/Speaker:** **Time:**

**Topic/Interest Area:**

**Main Points:**

1.
2.
3.
4.
5.

**Possible Career Related Learning Standards (CRLS) covered** (circle all that apply):

Personal Management Problem Solving Communication Teamwork Employment Foundations Career Development

**How might the information provided assist you when selecting or evaluating a career path?**

**What follow-up information do you need and/or what are your next steps?**

**List any additional comments or thoughts:**